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Procedure	Name		Simple Lactococcus Transformation			
	Description		Transformation of Lactococcus cells using electroporation (low efficiency)			
Document	Name	Mackenzie Labine-Romain	Date	13/07/15	Version	1
Requirements	Time		2 days (20 minutes on day 1, 4-5 hours on day 2)			
	PPE		Gloves, Labcoat			
	Equipment		Electroporation cuvette (2mm gap) BioRad Gene pulser Centrifuge Spectrophotometer Hood 30°C shaking incubator 30°C still incubator			
	Materials		GM17 liquid media GM17 agar plates + selection antibiotic SGM17 (GM17 with 0.5M sucrose) SGM17 with selection antibiotic Milli-Q water Purified plasmid DNA			
Step 1	Grow overnight cultures of lactococcus in GM17 broth in 30°C still incubator					
Step 2	Dilute overnight cultures in 23 ml of GM17 (1:12.5 dilution).					
Step 3	Measure optical density - should be between 0.26 and 0.38.					
Step 4	Centrifuge at 6000rpm (10 min/4°C)					
Step 5	Wash pellet in 0.5M in 5ml 0.5M sucrose					
Step 6	Divide 5 x 1 ml in eppendorf tubes					
Step 7	Spin and resusped in 5 x 100 µl Milli-Q					

Step 8	Take 50 μ l for each electroporation and mix with 0.1-1.0 μ g plasmid DNA (<5 μ l)
Step 9	Transfer to 2mm cuvette
Step 10	Electroporate (2.5 kV, 25 μ F, 200 ohms, time constant 5ms)
Step 11	Immediately add 1ml cold SGM17 w selection antibiotic
Step 12	Incubate 2 hours in 1.5 ml eppendorf tube at 30°C (not shaking)
Step 13	Plate 300 μ l on GM17 plates
Notes	M. Harvey
Version History	Referred to simpler method by Jeff Welch