

Making Heat-Shock Competent Cells

Overview :

This protocol is generously provided by the lab.
We use DH5 α *E. coli* strains.

Materials :

- 2xTY media: 1 L

Component	Volume & Mass	Procedure
Bactotryptone	16 g	1) Adjust volume to 1 L 2) Sterilize by autoclave
Yeast Extract	10 g	
NaCl	5 g	

- SOB: 1 L

Final [c]	Component	Volume & Mass	Procedure
2 %	Bactotryptone	20 g	1) Add NaOH until pH is 6.7, adjust volume to 1 L 2) Sterilize by autoclave
0,5 %	Yeast Extract	5 g	
10 mM	NaCl	2 ml (5 M stock)	
2,5 mM	KCl	2.5 ml (1 M stock)	
10 mM	MgCl ₂	10 ml (1 M stock)	
10 mM	MgSO ₄	10 ml (1 M stock)	

- Transformation Broth (TB): 1 L

Final [c]	Component	Volume & Mass	Procedure
10 mM	Pipes	3.02 g	1) Mix the Pipes, CaCl ₂ , and KCl in 900 mL of millipore water. 2) Add NaOH until pH is 6.7 (Don't worry, dust disappear after the pH is adjusted) 3) Add MnCl ₂ (see above), stir, adjust volume to 1 L 4) Filter sterilize 5) Store at 4°C
15 mM	CaCl ₂	2.21 g	
250 mM	KCl	18.64 g	
55 mM	MnCl ₂	10.89 g	

Procedure :

DAY ONE:

- 1) Grow 12 ml overnight culture of your favorite strain of *E. coli* in 2XTY (preheat medium at 37°C before inoculation)
- 2) Make SOB and TB.

DAY TWO:

- 1) Keep 5mL of SOB for initial OD.
- 2) Inoculate 1 L SOB with 12 ml overnight culture.
- 3) Grow culture at 18C (this temperature is really important as we see a 10-fold decrease in competency when we grow them at room temperature).

DAY THREE:

- 1) Grow cells until A_{600} 0.5-0.7.

Subsequent steps should be carried out in the cold room on ice:

- 2) Put flask on ice for 10 minutes, then spin cells down at 2500xg (3350 RPM)
- 3) Pour off supernatant
- 4) Resuspend gently first in 25 ml TB, then add remaining 295 ml (Final 320mL)
- 5) Leave on ice for 5 minutes
- 6) Spin down again at 2500xg for 10 minutes
- 7) Resuspend cells in 40 ml TB
- 8) Add 3 ml of DMSO dropwise while gently shaking [final DMSO concentration is 7%].
- 9) Aliquot in 100 μ l aliquots (you will need about 450 pre-chilled 0.5 ml tubes).
- 10) Flash freeze in liquid nitrogen.
- 11) Store at -80C.

Heat-Shock Transformation of chemically competent bacteria

- 1) Take competent cells out of -80°C and thaw on ice (approximately 20-30min).
- 2) Take agar plates (containing the appropriate antibiotic) out of 4°C to warm up to room temperature or place in 37°C incubator.
- 3) Label one 2.0mL microcentrifuge tube for each transformation and then pre-chill by placing the tubes on ice.
- 4) Pipet 1 to 5 μL of DNA (usually 10pg to 100ng) into each microcentrifuge tube. For each transformation, use a separate tube.
- 5) Pipet 50 μL of competent cells into each tube. Flick the tube gently with your finger to mix. Incubate on ice for 30 minutes. Pre-heat waterbath now to 42°C .
- 6) Heat shock each transformation tube by placing the bottom 1/2 to 2/3 of the tube into a 42°C water bath for 45 seconds. Do not mix. Be careful to keep the lids of the tubes above the water level, and keep the ice close by.
- 7) Put the tubes back on ice for 5 min. Do not mix. This helps the cells recover.
- 8) Add 200 μl LB+glucose media (20mM final) **without antibiotic** and grow in 37°C shaking incubator at 180 rpm for 60min.
- 9) Prepare the agar plates during this time: label them, and add sterile glass beads if using beads to spread the mixture.
- 10) Plate some or all of the transformation onto a 10 cm LB agar plate containing the appropriate antibiotic.
- 11) **Note:** We recommend that you plate 50 μL on one plate and the rest on a second plate. This gives the best chance of getting single colonies, while allowing you to recover all transformants.
- 12) Incubate plates overnight at 37°C . Position the plates so the agar side is facing up, and the lid is facing down.
- 13) Pipette 5 ml of LB media containing the correct concentration of antibiotic into sterile tubes
- 14) Pick an isolated bacterial colony with a tip and place the tip with bacteria on it into one of the tubes containing LB liquid media.
- 15) Culture the tubes overnight in an incubated orbital shaker at 37°C at 180rpm. The next day you can continue with miniprep protocol.